



The following vaccines are recommended to stay healthy:

- Varicella (Chickenpox)
- Hepatitis A
- Hepatitis B
- Measles, Mumps, Rubella (MMR)
- Tetanus, Diphtheria, Pertussis (Tdap)
- Influenza (Flu)
- Meningococcal Conjugate (ACWY)
- Meningococcal B (MenB)
- Pneumococcal
- Human Papillomavirus (HPV)

For more information for you and your parents, call your doctor, your local health department or Immunization Hotline:

1-800-275-0659



immunize.utah.gov

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Teen Vaccination

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Get the facts on Teen Vaccination



Are you
11-18
years old?

If yes, then you may need protection against the following vaccine preventable diseases.

Varicella (Chickenpox)

Chickenpox is a virus that can cause serious infections of the skin, and may cause brain damage, pneumonia and even death. The chickenpox vaccine is recommended for anyone who has not had chickenpox disease or the vaccine. Two doses of chickenpox vaccine or history of disease is required for 7th grade entry in Utah Schools.

Hepatitis A

Hepatitis A is a virus that is spread by personal contact with an infected person, or through contaminated food or water. Two doses of the hepatitis A vaccine are recommended for those not previously vaccinated.

Hepatitis B

Hepatitis B is a virus that can cause serious liver infection, liver cancer and even death. Hepatitis B is spread by coming in contact with infected blood or body fluids. Three doses of the hepatitis B vaccine are required for 7th grade entry in Utah schools.

Measles, Mumps, Rubella (MMR)

Measles, mumps, and rubella are viruses that may cause hearing loss, brain damage or serious birth defects. Two doses of the MMR vaccine are required for all Utah students.

Tetanus, Diphtheria, Pertussis (Tdap)

Tetanus (lockjaw) is caused by a germ that enters the body through a cut or wound. Diphtheria and pertussis (whooping cough) is caused by bacteria and is spread through coughing or sneezing. One dose of the tetanus, diphtheria, pertussis (Tdap) vaccine is recommended for teens 11-18 years of age, preferably at a preventive care visit at age 11-12 years. One booster dose of either Td or Tdap should be administered every 10 years throughout life. Tdap vaccine is required for 7th grade entry in Utah schools.

Influenza (Flu)

A yearly flu vaccine is recommended for all teens.

Meningococcal Disease

Meningococcal disease is caused by bacteria. Meningococcal disease can become very serious, very quickly. Meningococcal bacteria can cause severe disease, including infections of the lining of the brain and spinal cord (meningitis) and bloodstream infections (bacteremia or septicemia), and can result in permanent disabilities including the loss of an arm or leg and even death. There are two types of meningococcal vaccines for teens:

Meningococcal Conjugate Vaccine (MenACWY): Two doses of MenACWY vaccine is recommended for adolescents. The first dose is recommended at 11-12 years of age with a booster at age 16. Teens who received MenACWY vaccine for the first time at 13 through 15 years of age will need a one-time booster between 16 and 18 years of age. Teens who receive their first dose between 16 through 18 years of age only need one dose of MenACWY vaccine. One dose of MenACWY vaccine is required for students entering 7th grade in Utah schools.

Meningococcal B Vaccine: Based on individual health care provider decision 2 or 3 (depending on brand) doses of Meningococcal B is recommended for adolescents 16-23 (preferably 16-18) years not at increased risk for bacterial meningitis infection.

Pneumococcal Disease

Pneumococcal disease is caused by bacteria. It can cause infections of the brain and blood, pneumonia, and death. One dose of the pneumococcal vaccine is recommended for children 6-18 years of age with certain medical conditions.

Human Papillomavirus (HPV)

HPV is a virus that causes cervical cancer and genital warts. Depending on age at initial vaccination, 2 or 3 doses of HPV vaccine are recommended for all adolescents age 11-12 years (can start at age 9 years) and through age 18 years if not previously adequately vaccinated.